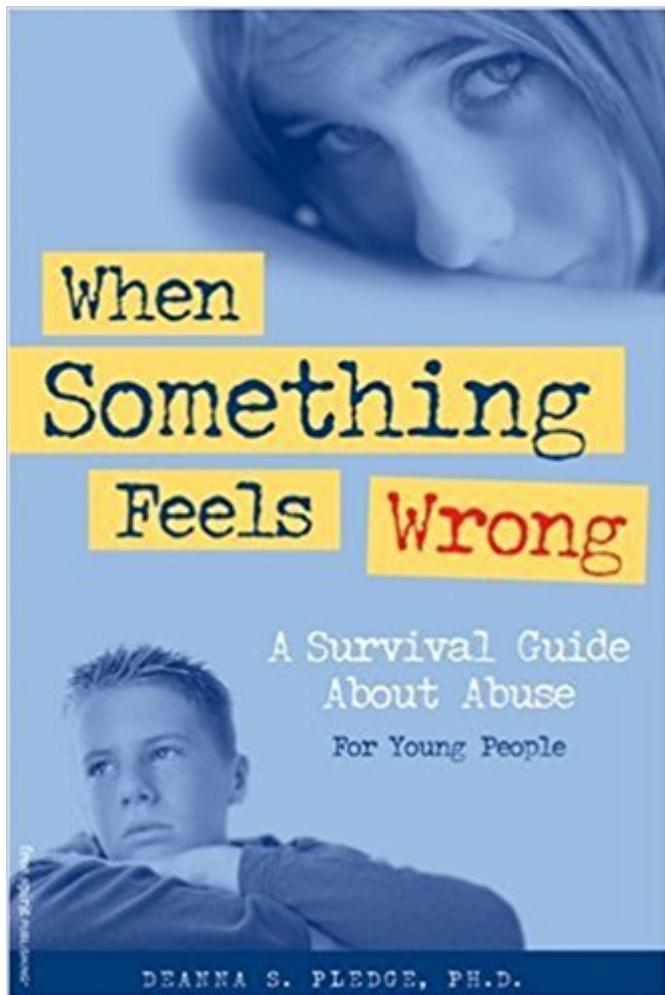


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# When Something Feels Wrong: A Survival Guide About Abuse For Young People



## Synopsis

Teens who have been abused need information and support to begin the healing process. They may not be willing or able to approach family members; they may not know how to start coping with the effects of these traumatizing events. Written by a psychologist who has worked with abused kids and teens for more than a decade, **WHEN SOMETHING FEELS WRONG** is for adolescents searching for positive ways to deal with their history of abuse. The approach is informative, realistic, and encouraging. The emphasis throughout is on the need to talk about the abuse, get help, and know that abuse is never the victim's fault. Includes checklists, examples, journaling ideas, and resources. Written to and for teens, this book belongs in all school and public libraries, counselors' offices, doctors' offices, and social-service agencies.

## Book Information

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